

Lent 2025

**We all desire to be seen, known,
accepted and loved.**

**The good news of Jesus is that we are
seen by God, we are known by God, we
are accepted by God and we are loved by
God.**

Join us as a community this Easter to pray
each week and consider some questions
God asked of others from the scriptures.
Questions He asks of us also.

As we sit with these questions allow God to
invite you towards transformation, healing
& a deepening relationship with him.

beauty for ashes

Lent is a time of preparation, the pilgrimage of our souls towards he who knows us the best and loves us the most.

It can be a journey of honesty and truth, of pausing and paying attention to the longings, losses and desires of our hearts.

It is also a journey of great promise. As Jesus exchanged his life for us, so that we might live, He offers us the promise of exchange in the here and now; beauty for ashes, joy for mourning, praise for despair (Isaiah 61)

His Love, his grace, his healing.

pray and ask

As a church, together, during Lent, we're
inviting each of us:

*to pray each week and;
consider these key questions that God asks*

5 questions with God.

Where are You? (Genesis 3:9)

What do you want? (John 1:38)

Can you drink the cup? (Matthew 20:22)

Who is it you are looking for? (John 20:15)

Do you love me? (John 21:17)

Asking

You might want to take one question each week or set some retreat time aside & consider a few of them.

Begin by inviting the Holy Spirit to help you examine your heart, soul, mind and body
(Mark 12:30)

You might like to journal or draw your responses as you explore each question with God.

Question 1

Where are You? (Genesis 3:9)

He pursues us

God's love pursues us, it seeks us out. God is always inviting us to come out of hiding, to step away from our fear and shame and bring ourselves fully to him. We are fully loved and accepted by him.

Is there a part of you that you are hiding from God today?

Question 2

What do you want? (John 1:38)

Longings & Desires.

Often, we do not dare name our longings because we fear they may be too much or fall outside the boundary of what God or others see as acceptable.

Today name your deepest longings & desires

Question 3

Can you drink the cup? (Matthew 20:22)

Suffering

Naming where we are & what we want often leads to discoveries that bring us great comfort but, on that journey, we become more aware of our own brokenness and that of others. Grief, healing & transformation takes time.

Bring to God your areas of brokenness.
Surrender them to him.

Question 4

Who is it you are looking for?
(John 20:15)

Seeking more of Jesus.

Are we seeking Jesus based on our own expectations, or are we open to encountering Him as He truly is?

In what areas of our lives might He be calling us to step beyond our comfort zones and grow in deeper faith?

Question 5

Do you love me?
(John 21:17)

Forgiveness & recommissioning.

Forgiveness transforms & creates beauty.
Where do you long for the generous
forgiveness of God?

What beauty might God be inviting you to
co-create with him?